

SARAH AL-RUBAISH

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Professional Summary

Highly accomplished Consultant Gynecologic Oncologist with over 20 years of clinical, academic, and leadership experience in women's health, gynecologic oncology, and minimally invasive surgery. Board-certified with international fellowship training in Canada and extensive expertise in complex oncologic surgery, cervical cancer prevention, multidisciplinary care, and healthcare program development.

Recognized for leading regional healthcare initiatives, advancing clinical research, establishing screening programs, and mentoring future specialists. Dedicated to improving patient outcomes through evidence-based medicine, innovation, and collaborative leadership.

Skills

- Gynecologic Oncology
- Minimally Invasive Surgery (MIS)
- Complex Oncologic Surgery
- Cervical Cancer Prevention & Screening
- Multidisciplinary Tumor Boards
- Clinical Research & Publications
- Medical Education & Fellowship Training
- Healthcare Program Development

Experience

CONSULTANT PHYSICIAN – GYNECOLOGIC ONCOLOGY | 08/2023 - Current

Dr. Sulaiman Al Habib Hospital - Al Khobar, Saudi Arabia

- Deliver comprehensive gynecologic oncology care across surgical, chemotherapy, and follow-up pathways.
- Performed over 250 gynecologic and gynecologic oncology cases.
- Collaborate with multidisciplinary teams to optimize individualized treatment plans.
- Lead patient counseling regarding diagnosis, treatment options, and survivorship care.

MEMBER REPRESENTATIVE – PARSGO ECHO TUMOR BOARD | 01/2023 - Current

International Gynecologic - Cancer Society (IGCS), Saudi Arabia, North Central Florida

- Participate in multidisciplinary tumor board discussions involving approximately 180 cases annually.
- Facilitate educational workshops and professional collaboration in gynecologic oncology.
- Support community outreach and professional development initiatives.

MEMBER, SCIENTIFIC COMMITTEE | 01/2020 - Current

PARSGO ECHO TUMOR BOARD - Saudi Council, Saudi Arabia

- Contribute to scientific and educational activities supporting professional standards and medical education.
- Participate in committee meetings, policy discussions, and strategic initiatives.

BOARD MEMBER | 07/2018 - Current

Pan-Arabian Research Society of Gynecological Oncology (PARSGO) - Khobar, Eastern Province, Saudi Arabia

- Support regional advancement of gynecologic oncology research, education, and collaboration.
- Contribute to scientific programs and strategic planning activities.

CONSULTANT PHYSICIAN – GYNECOLOGIC ONCOLOGY | 03/2021 - 07/2023

Mouwasat Hospital - Khobar, Saudi Arabia

- Established and expanded gynecologic oncology services.
- Performed advanced oncologic surgeries for malignant diseases.
- Conducted clinical research and quality improvement initiatives.

PROGRAM DIRECTOR – GYNECOLOGIC ONCOLOGY FELLOWSHIP | 01/2020 - 09/2022

King Fahad Specialist Hospital - Dammam, Saudi Arabia

- Directed fellowship training, curriculum development, and trainee evaluation.
- Mentored future gynecologic oncologists and ensured program quality standards.

CONSULTANT PHYSICIAN – GYNECOLOGIC ONCOLOGY | 07/2018 - 09/2022

King Fahad Specialist Hospital - Dammam, United Kingdom

- Performed advanced surgeries for benign and malignant gynecologic conditions.
- Led multidisciplinary tumor boards and clinical decision-making discussions.
- Participated in clinical research and medical education.

LEAD, SAFE BIRTH INITIATIVE | 06/2019 - 11/2020

SYSTEM OF CARE - Eastern Province Cluster, Saudi Arabia

- Led regional maternal health initiatives aimed at improving obstetric outcomes and patient safety.
- Coordinated healthcare teams across institutions to standardize care pathways.

CLINICAL FELLOWSHIP – MINIMALLY INVASIVE GYNECOLOG | 07/2017 - 06/2018

Université Laval - Quebec City, Canada

CLINICAL FELLOWSHIP – GYNECOLOGIC ONCOLOGY | 08/2014 - 06/2017

Université de Montréal / Notre-Dame Hospital - Montreal, Canada

RESEARCH FELLOW – TRANSLATIONAL RESEARCH | 01/2013 - 01/2014

Moffitt Cancer Center, Tampa - Florida, USA

RESIDENCY – OBSTETRICS & GYNECOLOGY | 01/2003 - 01/2007

King Fahad National Guard Hospital - Riyadh, Saudi Arabia

LEAD, CERVICAL CANCER SCREENING PROGRAM | 08/2001 - 09/2002

King Fahad Specialist Hospital - Khobar, Saudi Arabia, CA

- Led the establishment of the cervical cancer screening program across the Eastern Province Cluster.
- Developed screening pathways and implementation strategies to improve early detection and prevention.

Education

Université De Montréal - Canada | Master of Science

Master of Biomedical Science, 2018

Université Laval - Canada

Minimally Invasive Surgery Fellowship – Gynecology, 2018

Université De Montréal - Canada | Master of Science

Fellowship in Gynecologic Oncology, 2017

Arab Board Certification

King Faisal University - Dammam, Saudi Arabia
Doctor of Medicine (MD), 2000

CERTIFICATIONS

- Royal College of Physicians and Surgeons of Canada – Gynecologic Oncology Certification
- Arab Board Certified in Obstetrics & Gynecology
- Fellowship in Minimally Invasive Gynecologic Oncology Surgery
- Harvard Business School Online – Management Essentials
- Fellowship in Cosmetic Gynecology

Languages

English:	C2	Arabic:	Native
Proficient (C2)		Native	
French:	B2		
Upper Intermediate (B2)			

PROFESSIONAL LEADERSHIP & SCIENTIFIC ACTIVITIES

- Head of SGO Select 2022 Meeting
- Organizer of 1st MIS Meeting, Al Habib Hospital (2025)
- Leader of multidisciplinary tumor boards
- Active contributor to international gynecologic oncology collaborations

RESEARCH & PUBLICATIONS

- Author and co-author of multiple peer-reviewed publications and international conference presentations in gynecologic oncology, ovarian cancer research, cervical cancer screening, and minimally invasive surgery.

Selected works include:

Cross-sectional multicenter study of pre-cancer lesions and cervical cancer in Eastern Province, Saudi Arabia.
"Is β-hCG a Good Tumor Marker for Aggressive Uterine Leiomyosarcoma?"
Research on PARP inhibitors and ovarian cancer response signatures.
Granulosa Cell Tumor retrospective study presented at GOC Annual Meeting.